

Application form to become an Aware Parenting instructor in Australia, New Zealand, and Indonesia

**Please send this completed form with the rest of your application and
your letter of recommendation to: marion@marionrose.net**

Your name:

Your address:

Your phone number:

Your email address:

Your website (if you have one):

Your business FB and IG accounts (if you have them):

Links to accounts on other online platforms where you share about Aware Parenting (if you have them):

Ages of your children (if any):

The date that you signed up for the AWPIMC:

Confirm that you have read: *'The Aware Baby'*, *'Cooperative and Connected'*, *'Tears and Tantrums'*, *'Raising Drug-Free Kids'*, *'Attachment Play'*, *'Healing Your Traumatized Child'*, and *'Raising Joyful Lifelong Learners'*, by Aletha Solter, PhD, and *'The Emotional Life of Babies'*, *'I'm Here and I'm Listening'*, and *'Sound Sleep and Secure Attachment with Aware Parenting'* by Marion Rose, PhD.

List the Aware Parenting workshop(s) you have attended facilitated by Aletha Solter, Joss Goulden, Stephanie Heartfield, or Marion Rose. Please included the number of hours, topic and date:

Name of person who has written your letter of recommendation and their home address and email address:

**Please also send your written application, divided into five sections, as
described here: <http://www.awareparenting.com/certif.htm>**

Answering potential questions from parents who have come to you for a consultation:

Please respond with at least several sentences in response to each question, including any questions you might ask them so that you can give them accurate information, and what information you might give to them.

A baby is feeding every 45 minutes throughout the night.

What hypothesis might you hold about why this is happening, what questions would you ask, so that you have any information you need, and what options of responses might you give, depending on what the mother says?

A four year old is hitting their new sibling.

What hypothesis might you hold about why this is happening, what questions would you ask, so that you have any information you need, and what options of responses might you give?

An 18-month-old is breastfeeding every two hours day and night.

What hypothesis might you hold about why this is happening, what questions would you ask, so that you have any information you need, and what options of responses might you give?

A four year old is regularly throwing things and hitting the parents and the parent is contemplating holding.

What would you tell them about holding? What questions might you ask them?

A parent wants to understand why we don't use the terms "emotional regulation", "dysregulation", and "co-regulation" in Aware Parenting.

What might you say to them?

A parent wants to understand why loving limits are not recommended for a thumb-sucking control pattern and generally not in response to eating as a control pattern, but that they are included in response to breast-feeding as a control pattern.

What might you say?

A nine year old wants to be on screens a lot of the time.

What hypothesis might you hold about why this is happening, what questions would you ask, so that you have any information you need, and what options of responses might you give?